RE: Counseling Question

LIGGETT, ALISA < ALISAC@mailbox.sc.edu>

Sat 10/8/2016 12 48 PM



c.MARTIN, LATASHA <MACKLS@mailbox.sc.edu>; LIGGETT, ALISA <ALISAC@mailbox.sc.edu>;



This can be possible, but you will need to provide some specific verifications so that we can accommodate this. Only you can get this verification from due to privacy restrictions, so if you prefer to provide this verification in lieu of attending the counseling sessions set up for you, you need to do the following **by Tuesday:**

- 1. Have under his care, your frequency of attendance (which should be weekly or bimonthly), and that he is continuing to be your provider.
- 2. His letter must also include his acknowledgment of the suicidal threat on Sept. 30. The reason for the referral is that incident over the four hour period when you were missing, and the BIT must have verification that the counseling you are receiving from him does not just cover typical issues you have already been addressing, but that the Sept. 30 threats are being specifically addressed.

We will not, and cannot, cancel you appointment until we receive this from him, so please urge him to expedite! Thank you,

Alisa

From:

Sent: Friday, October 07, 2016 11:01 AM

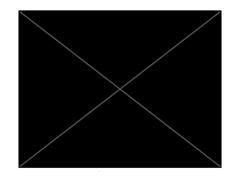
To: LIGGETT, ALISA

Subject: Counseling Question

Alisa Ligget,

I know you were concerned about me after what happened after the conduct hearing. I'm currently already seeing a counselor in Columbia who goes by He deals with trauma and a specific type of counseling that I believe will be most helpful for me. I called counseling services and they said that I could not use an outside counselor, as they need to relay information to the Office of Student Conduct. Would it be possible for me to relay that information directly through

Thank You,



Alisa Liggett
University of South Carolina
Office of Student Conduct
901 Sumter Street, Suite 201
James F. Byrnes Building
Columbia, SC 29208
803-777-4333

Fax: 803-777-1393

October 10, 2016

The purpose of this letter is to provide information regarding myself and my treatment with I am a licensed profession counselor with license number Provider Identification number is I am currently completing my certification in Dialectical Behavioral Therapy (DBT). DBT is a form of cognitive behavioral treatment that was originally developed to treat chronically suicidal individuals diagnosed with borderline personality disorder and it is now recognized as the gold standard psychological treatment for this population. Addition, research has shown that it is effective in treating a wide range of other disorders such as substance dependence, depression, post-traumatic stress disorder (PTSD), and eating disorders. http://behavioraltech.org/resources/whatisdbt.cfm. In DBT a person has an assessment and then has between 1-4 pretreatment sessions. Following these sessions the person than commits to the treatment and we agree to treatment for 24 weeks of individual and group. At that time I become the person's therapist. Once in treatment the only ways for a person to leave treatment is for them to complete treatment, for the 24 week agreement to end, or they unilaterally terminate by missing four consecutive weeks of treatment either group or individual. for an assessment on Friday October 7th. I meet with has given me permission to

I meet with for an assessment on Friday October 7th. has given me permission to speak about his attendance, participation, and the course of our treatment. Including in our discussion was the events that occurred before, during, and after his Student Conduct hearing. also provided the email chain where he stated "I can't live in a World where I am feared. I won't be returning." and I have scheduled three pretreatment sessions; October 13th, October 27th, and November 3rd at 2:00

pm. In the past, when I have worked with Pretrial Intervention, I have provided a note following a scheduled session either with the client or via the US Mail detailing that the person attended and participated and I would be willing to do that with the Office of Student Conduct. If you have any specific questions about DBT I would be more than happy to answer them, my work cell phone is

. Thank you for your time and all that you are doing to help

Sincerely,



My counseling is a direct result of The trauma that I have experienced in this case. The comment "I can't live in a world where I am feared.." is a direct response to Dr Well's statement regarding fear. I have had no previous issues. In fact, I was happier than I ever was in my life before this case. I believe both of these topics have been covered.

- 1. Have who must be a licensed clinician, send a letter on his letterhead indicating how long you have been under his care, your frequency of attendance (which should be weekly or bimonthly), and that he is continuing to be your provider.
- 2. His letter must also include his acknowledgment of the suicidal threat on Sept. 30. The reason for the referral is that incident over the four hour period when you were missing, and the BIT must have verification that the counseling you are receiving from him does not just cover typical issues you have already been addressing, but that the Sept. 30 threats are being specifically addressed.

I do not mean to speak poorly about the office of student conduct or equal opportunity. I have never had previous issues prior to this. I want to do what is best for me. Cognitive Behavioral Therapy is something that will help me recover from the damage that has been done.

Furthermore, I started meeting with him after the hearing on September 30th. I want to do what is best for me and I hope that the office of Student Conduct can support that.



From: MARTIN, LATASHA < MACKLS@mailbox.sc.edu>

Sent: Tuesday, October 11, 2016 12:26:27 PM

To:

Subject: Official Correspondence from the Office of Student Conduct

October 11, 2016



PERSONAL AND CONFIDENTIAL

Regarding Case Number:

Dear

We recently scheduled a meeting for you with USC's Counseling and Psychiatry. Since then, you have rescheduled that meeting to Friday, October 14, 2016 of this week. However, the recent letter you submitted to our office did not meet the requirements as indicated in your recent email communication with the Chair of our Behavioral Intervention team. See below.

- 1. Have who must be a licensed clinician, send a letter on his letterhead indicating how long you have been under his care, your frequency of attendance (which should be weekly or bimonthly), and that he is continuing to be your provider.
- 2. His letter must also include his acknowledgment of the suicidal threat on Sept. 30. The reason for the referral is that incident over the four hour period when you were missing, and the BIT must have verification that the counseling you are receiving from him does not just cover typical issues you have already been addressing, but that the Sept. 30 threats are being specifically addressed.

Due to this missing information in the letter and concerns from the BIT, we have rescheduled your appointment at Counseling & Psychiatry with counselor. on the fifth floor of the Close/Hipp Building on **October** 12, 2016 at 3:30pm. This meeting is mandatory, and the first in possible subsequent sessions in the assessment process. If you do not attend this appointment, a hold will be placed on your registration.

Please complete the Online CCAPS survey for Counseling & Psychiatry prior to coming to your scheduled appointment. To access the survey log onto MyHealthSpace. Once you are logged on, select the survey forms option to complete the survey.

After you have been assessed by a counselor, the university's Behavioral Intervention Team will discuss the situation and make a determination that takes into consideration your best interest as well as the best interest of the university community.

Only information regarding your attendance and compliance with this request will be shared with members of the BIT. The content of any counseling sessions will only be shared with the members of the BIT with your consent or in accordance with the counselor's professional and legal standards and guidelines.

If you are already seeing a provider and would prefer to have him/her verify that you are engaged and attending your appointments, please call him/her at 803-777-5223 and request that they contact us with any information that you are willing to release.

At the conclusion of the BIT process, we will email you with a time to meet with our Case Manager to make meaning of and evaluate the process.

If you have a disability and would benefit from reasonable accommodations or having a representative from Student Disability Services (SDS) accompany you, please contact our office and the SDS at 803-777-6142 at least 48 hours prior to your appointment time.

Our goal is to be educational and maintain the standards of the institution we share. If you would like additional information about your case or about your requirements, please contact me at 803-777-4333. Additional information about BIT can be found at the <u>BIT</u> website. We appreciate your cooperation and look forward to meeting with you.

Sincerely,

LaTasha Martin

Assistant Director of the Behavioral Intervention Team Office of Student Conduct & Academic Integrity

University of South Carolina

Sumter Street. Suite 201 Columbia, SC 29208

mackls@mailbox.sc.edu

Phone: 803.777.4333 Fax: 803.777.1393

a Carolinian...

I will demonstrate concern for others, their feelings, and their need for conditions that support their work and development

PLEASE NOTE: The information transmitted in this email is intended only for the person(s) or entity(ties) to which it is addressed and may contain confidential and/or legally privileged material. If you received this in error, please contact the sender and delete the material from any computer. Any review, retransmission, dissemination or other use of, or taking of any action in reliance upon, this information by persons or entities other than the intended recipient is prohibited.



RE: Official Correspondence from the Office of Student Conduct 2016067501

LIGGETT, ALISA < ALISAC@mailbox.sc.edu>

Tue 10/11/2016 4:49 PM





After six phone calls from you and your mother today, let me outline the requirements so there are no more questions. Again, all of these are outlined in the letters you have received.

- 1. You must attend the BIT appointment on Oct. 12 at 3:30.
 - a. You were offered a way to provide appropriate verification if you had an established relationship with a psychologist in the community. The letter met none of the requirements necessary. Thus, that option is no longer available. This issue will not be reopened since the BIT process is effective and working around it should only be done when the team has extenuating reasons to.
- 2. You should reschedule your anger management appointment.
 - a. You have until Wednesday to complete the first BIT assessment.
 - b. You have until December to complete Anger Management.
 - c. If you had not cancelled the BIT assessment we scheduled for you on Monday, this conflict would not exist. As such, we will not again reschedule for you since Counseling and Psychiatry has very limited availability.
- 3. Lagree that CBT would be valuable and commend you for exploring this. Nothing about the BIT process is meant to dissuade you from embracing that modality.

too, is working on our open BIT students who still need scheduling around fall break and interventions in between. She has already scheduled two appointments for you this week, sent communication outlining the expectations, and now needs to focus on other students. Please understand that your family should not expect an additional call back.

Sincerely, Alisa

From:

Sent: Tuesday, October 11, 2016 1:25 PM
To: LIGGETT, ALISA <ALISAC@mailbox.sc.edu>

Subject: Fw: Official Correspondence from the Office of Student Conduct 2016067501

From:

Sent: Tuesday, October 11, 2016 1:17:37 PM

To: MARTIN, LATASHA

Cc:

Subject: Re: Official Correspondence from the Office of Student Conduct

Latasha Martin.